



MAY 2018

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Salutations to my fellow riders/runners/walkers

It has been a crazy busy period for us at the Trail Park; hence no newsletter went out in April.

FEEDBACK:

- **!hour maDneSS:** The track was run anti-clockwise which made for some interesting changes (before the new section was added) and really fast lap times by the youngsters who were pushing each other. This event will move to a Sunday afternoon to allow for more riders to participate.
- **Full Moon Trail Run:** It was great to start and finish the race in the dark. This had an effect on time it took the runners to complete the course, but it was great fun! Looking forward to see the results of the next race with some runners chasing the trophy.
- **Eden Spur School MTB League #1:** The race was attended by 212 riders from all over the Southern Cape representing 26 different schools. With sunny weather and no wind, the day was a huge success thanks to the work done by a number of people behind the scenes and especially Juan Botes of Chain Gang Events who is the co-coordinator of the series and also Charl Gerber who has taken some really stunning photographs of the event. A special thank you to Klipheuwel Padstal as well as Salty River Beerhouse helping to keep the riders and supporters fed as well as the use of their toilet facilities.

XCO Track: The new section of the track on the opposite side of the river has added a number of elements (more sand, mud, water and the odd cactus) to the riding experience at the Trail Park. This has extended the total distance of the track to 3km.

River Run & Guajava Trails: These trails are currently closed to the public for safety reasons due to the road works on First Avenue. Heavy machinery is using the farm roads and most of the route markers have been removed. The routes will be re-marked once the work has been completed.

What is happening this month? (or not)

Monthly Time Trial: There will be no Time Trial this month due to a large section of the track being closed off (road works). The starting time for the time trial will also move to 17h00 for those who can make it for the duration of the winter. It is getting dark and cold very early during the winter months and we will move it to a later time once the big light stays on longer again!

Doggy Run: The Doggy Run will happen on Saturday, 14 July 2018 also because of the road works and associated traffic on the farm roads. We will once again supply water bowls for the dogs every kilometer on the route along with a section of river front trail for those who feel like a swim. Remember that all dogs have to be leashed; stuffed animals are also welcome to participate for those who do not have a real dog. The proceeds of the doggy entries will go towards the Feral Cat Assistance group who are doing fantastic work in our area with the feeding and sterilization of feral cats.

TRAIL USAGE & PERMITS:

A big reminder to everybody using the Pump Track and Trails at the Trail Park

- Please do not ride on the Pump Track when it is wet – this causes serious damage to the surface which needs to be repaired again when it is dry.
- Please ride on the marked trails only (follow the route markers). Routes do change from time to time to accommodate farming activities and land use.
- Do not ride short cuts on the cross country track (over/through barrier/candy tape). The barrier/candy tape is there because the track is being upgraded and extended all the time.
- To promote cycling as a sport at schools we have extended the invitation to the schools for all school children to use the Trail Park free of charge should they wear their school riding/sport kit until 17 June 2018. Riders are still asked to drop by the trail office to be issued with a daily wrist band.
- Day permits are R50 for everybody that is using the trails. You are welcome to bring your dog for a walk on the Guajava Trail (Pink Route), as long as they are on a leash.
- Remember that Klipheuwel is doggy friendly. Please keep your dog on a leash at the Trail Park (we would not like them to get run over by a bicycle) and please pick up your doggy's poop.
- Guajava Trail is open to walk your dog. A permit is needed for the use of the trail. Please do not take your dog onto any other trail, as there are domestic animals walking/grazing.
- Quarterly (3 months) Permits are R300 for adults and R200 for children under the age of 13 years. Trail users will be issued with a permit card.
- Yearly Permits are R500 for Adults and R300 for children under the age of 13 years. These permits are valid for 365 days from day of purchase. Trail users will be issued with a permit card.

- All trail permits cover the use of the Pump Track, Eliminator Track, Cross Country Track as well as the marked trails on the farm.

Kids Parties: Contact us to book the facilities for a birthday party. We close off the Duel Track for their exclusive use (should the part be busy) with the shaded area being reserved next to the track as party area. A braai/grid/wood along with some basic utensils are included. Cost: R250 plus R25/rider using the track/trails.

Social Ride: Every Sunday starting no later than 14h00 (unless there is an event) to scout some unmarked routes and trails in the area riding at leisurely pace and taking lots of pictures with some beers afterwards.

Keep the rubber side down!

Cheers

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